SCHROEDER
AMBULATORY CENTRE

Contrast Extravasation Information & Instructions

During medical imaging examinations involving IV contrast injection, a small amount of contrast may occasionally leak out of the vein into the surrounding tissues. This is known as contrast extravasation.

In most cases, this may cause **temporary swelling, discomfort, or mild soreness** near the injection site. These symptoms are typically minor and resolve within a few hours. To help reduce swelling and discomfort:

- Apply a warm or cool compress to the affected area for 15–20 minutes at a time, several times throughout the day.
- Keep the affected arm elevated as much as possible until the swelling subsides.
- Avoid applying pressure or massaging the area.

Although rare, if a larger amount of contrast has leaked, it may cause tissue irritation or skin injury. Please seek **immediate medical attention** if you notice any of the following:

- Increasing pain, swelling, or redness
- Blistering, skin breakdown, or changes in skin colour
- Numbness or decreased movement of the affected limb

If medical attention is required, bring this information sheet with you for reference.

Patient Name:

Date & Time of Injection:

Contrast Type & Amount:

Injection Site:

Initial Management/Instructions:

MRIT Name:

MRIT Signature: